

# VERIFICATION OF BENEFITS FORM

## Information from Client:

Appointment date/Time: \_\_\_\_\_

Minor

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

DOB: \_\_\_\_\_

Soc. Sec.#: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Insurance/EAP Co: \_\_\_\_\_

Policyholder name: \_\_\_\_\_

Policyholder Soc. Sec.#: \_\_\_\_\_

Policyholder DOB: \_\_\_\_\_

Policy ID#: \_\_\_\_\_

Group ID#: \_\_\_\_\_

Employer: \_\_\_\_\_

Eff. Date: \_\_\_\_\_

Mental Health Phone #: \_\_\_\_\_

## Information from Insurance Company:

Are there out patient mental health benefits?

Yes  No  NA

Are there out patient substance abuse benefits?

Yes  No  NA

Is provider in network?

Yes  No  NA

Do they have out of network benefits?

Yes  No  NA

What are the out of network benefits? \_\_\_\_\_

**Co-pay/Co-insurance (circle) Amount** \$ \_\_\_\_\_  
**Deductible Amount** \$ \_\_\_\_\_

Has it been met?  Yes  No  NA

### **Are Authorizations required for a:**

Intake  Yes  No  NA

Ongoing therapy  Yes  No  NA

When? \_\_\_\_\_

Authorization Number # \_\_\_\_\_

How many visits are approved? # \_\_\_\_\_

Authorization Start Date: \_\_\_\_\_

Authorization End Date: \_\_\_\_\_

How many visits per year allowed? # \_\_\_\_\_

NOTES:

# Lisa Walton, LISW

2525 N. Ankeny Blvd. Suite 113 • Ankeny, IA 50021  
515-289-9136 515-289-9139 (Fax)

## GENERAL INTAKE INFORMATION

REFERRED By: \_\_\_\_\_

Reason for Referral: \_\_\_\_\_

Have you received mental health treatment before?  Yes  No  
If so, when and where \_\_\_\_\_

Do you use:  Tobacco?  Alcohol?  Non-prescription drugs?

Have you been treated for alcohol/drug problems before?  Yes  No  
If so, when and where \_\_\_\_\_

Please check any of the following that you have experienced recently:

- |   |   |   |   |
|---|---|---|---|
| <input type="checkbox"/> Depression           | <input type="checkbox"/> Anxiety          | <input type="checkbox"/> Sleep disturbance  | <input type="checkbox"/> Suicidal thoughts  |
| <input type="checkbox"/> Panic attacks        | <input type="checkbox"/> Paranoia         | <input type="checkbox"/> Appetite problems  | <input type="checkbox"/> Stealing           |
| <input type="checkbox"/> Compulsive behaviors | <input type="checkbox"/> Weight loss/gain | <input type="checkbox"/> Racing thoughts    | <input type="checkbox"/> High Energy        |
| <input type="checkbox"/> Low energy           | <input type="checkbox"/> Poor attention   | <input type="checkbox"/> Social withdrawal  | <input type="checkbox"/> Anger/irritability |
| <input type="checkbox"/> Distractibility      | <input type="checkbox"/> Aggression       | <input type="checkbox"/> Poor concentration | <input type="checkbox"/> Blackouts          |
| <input type="checkbox"/> Hyperactivity        | <input type="checkbox"/> Memory problems  | <input type="checkbox"/> Other(s) _____     |   |

**FAMILY/HOME INFORMATION:** List people living in the home:

<u>Name</u>	<u>Age</u>	<u>Relationship to client</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____

### MEDICAL/HEALTH INFORMATION

Do you have any current or ongoing medical problems?  Yes  No  
If so, please explain: \_\_\_\_\_

Who is your primary doctor/medical provider?

<u>Name</u>	<u>City</u>	<u>Phone number</u>
-------------	-------------	---------------------

What medications do you take? Include non-prescription, herbal medicines and supplements.

<u>Medicine</u>	<u>Dose</u>	<u>Frequency</u>	<u>Who prescribes</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Please list any allergies, including medication allergies/sensitivities:

\_\_\_\_\_